

© "Cultural Competency in Healthcare Delivery:
Have I 'ASKED' Myself The Right Questions?"
(Campinha-Bacote, 2002)

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Awareness: Am I aware of my biases and prejudices towards other cultural groups, as well as racism and other "isms" in healthcare?

Skill: Do I have the skill of conducting a cultural assessment in a sensitive manner?

Knowledge: Am I knowledgeable about the worldviews of different cultural and ethnic groups, as well as knowledge in the field of biocultural ecology?

Encounters: Do I seek out face-to-face and other types of interactions with individuals who are different from myself?

Desire: Do I really "want to" become culturally competent?