

ALJ likewise is not required to “mechanically follow every guiding regulatory factor in articulating reasons for denying claims or weighing credibility.” Clary v. Barnhart, 214 F.App’x 479, 2007 WL 201145 (5th Cir., January 24, 2007), *citing* Hillman v. Barnhart, 170 F.App’x 909, 2006 WL 690879, 110 Soc. Sec. Rep. Service 70 (March 20, 2006) (upholding ALJ’s decision despite the fact that the ALJ “did not explicitly discuss every factor set forth in the regulations.”) The ALJ’s decision was supported by substantial evidence even though each individual factor may not have been discussed.

Furthermore, procedural perfection in administrative proceedings is not required as long as the substantial rights of a party have not been affected. Mays v. Bowen, 837 F.2d 1362, 1364 (5th Cir. 1988). To establish prejudice stemming from an error, the claimant must show that he could and would have adduced evidence that might have altered the result, Kane v. Heckler, 731 F.2d 1216, 1219-20 (5th Cir. 1984), or that adherence to the ruling might have led to a different decision. Newton v. Apfel, 209 F.3d 448, 458 (5th Cir. 2000). Plaintiff has made no such showing. Her objections are without merit.

The Court has conducted a careful *de novo* review of those portions of the Magistrate Judge’s proposed findings and recommendations to which objection was made. *See* 28 U.S.C. §636(b)(1) (district judge shall “make a *de novo* determination of those portions of the report or specified proposed findings or recommendations to which objection is made.”) Upon such *de novo* review, the Court has determined that the Report of the Magistrate Judge is correct and the Plaintiff’s objections are without merit. It is accordingly

ORDERED that Plaintiff’s objections are overruled and the Report of the Magistrate Judge (docket no. 21) is **ADOPTED** as the opinion of the District Court. It is further

ORDERED that the decision of the Commissioner is **AFFIRMED** and the Plaintiff's complaint is **DISMISSED WITH PREJUDICE**. Finally, it is

ORDERED that any motion not previously ruled on is **DENIED**.

So **ORDERED** and **SIGNED** this 3rd day of August, 2015.



RODNEY GILSTRAP
UNITED STATES DISTRICT JUDGE