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UNITED STATES DISTRICT COURT  
WESTERN DISTRICT OF WASHINGTON  
AT SEATTLE

TRAVERSE THERAPY SERVICES,  
PLLC,

Plaintiff,

v.

SADLER-BRIDGES WELLNESS  
GROUP, PLLC, JAMES BOULDING-  
BRIDGES, HALEY CAMPBELL,

Defendants.

CASE NO. 2:23-cv-1239

ORDER DENYING MOTION TO  
STRIKE

This matter comes before the Court on Plaintiff’s Motion to Strike. (Dkt. No. 17.) Having reviewed the Motion, the Opposition (Dkt. No. 18), the Reply (Dkt. No. 19), and all other relevant material, the Court DENIES the Motion.

**BACKGROUND**

Plaintiff brings this lawsuit alleging theft of trade secrets against Defendants, who are Plaintiff’s former employees. (Mot. at 1.) In response, Defendants filed a motion to dismiss. (Dkt. No. 16.) In support of this motion Defendants filed the Declaration of Raquel Sadler. (Dkt.

1 No. 16-3.) Sadler is a co-founder and member of Defendant Sadler-Bridges Wellness Group  
2 PLLC. (Declaration of Raquel Sadler ¶ 1.) Prior to founding Sadler-Bridges Wellness Group,  
3 Sadler worked at Traverse Therapy Services for owner and CEO, Catherine Southard. (Id. at ¶¶  
4 2-3.) Plaintiff seeks to strike a paragraph from Sadler’s declaration wherein she discusses  
5 Southard’s behavior and Southard’s self-admitted use of migraine medication. (Mot. at 1.)  
6 Plaintiff also seeks to strike another paragraph that discusses Sadler’s concern over insurance  
7 fraud. (Id. at 3.) Defendants oppose both and argue the paragraphs are relevant to Defendants’  
8 defense. (Opp. at 2.)

### 9 ANALYSIS

10 Under Federal Rule of Civil Procedure 12(f), “[t]he court may strike from a pleading an  
11 insufficient defense or any redundant, immaterial, impertinent, or scandalous matter.” “[T]he  
12 function of a Rule 12(f) motion to strike is to avoid the expenditure of time and money that must  
13 arise from litigating spurious issues by dispensing with those issues prior to trial . . .”  
14 SidneyVinstein v. A.H. Robins Co., 697 F.2d 880, 885 (9th Cir. 1983). Motions to strike under  
15 Federal Rule 12(f) are disfavored and are infrequently granted. 5C Charles Alan Wright et al.,  
16 Federal Practice and Procedure § 1380 (3d ed. 1998). “Requests to strike material contained in or  
17 attached to submission of opposing parties shall not be presented in a separate motion to strike,  
18 but shall instead be included in the responsive brief, and will be considered with the underlying  
19 motion.” Local Civil Rules 7(g). Plaintiff contravenes Local Rule 7(g) and brings this as a  
20 separate motion to strike. Plaintiff asks the Court to consider this as a stand-alone motion  
21 because the material contained in Sadler’s declaration discusses a non-party’s private medical  
22 information. (Mot. at 2.)

1 The Court is not convinced that the material Plaintiff wishes to strike contains redundant,  
2 immaterial, impertinent or scandalous information. The information is not “private medical  
3 information” because the information came to light due to admissions Southard made publicly.  
4 And Sadler’s statements regarding Southard’s behavior and concerns of insurance fraud are  
5 based on Sadler’s own observations. The information is relevant to the Defendants’ defense and  
6 is therefore not redundant, immaterial or impertinent. The admitted use of migraine medication is  
7 also not scandalous, nor does it reveal private medical information that would otherwise be  
8 protected. Because Plaintiff has failed to demonstrate that the information meets Rule 12  
9 standards, the Court DENIES the Motion.

10 The clerk is ordered to provide copies of this order to all counsel.

11 Dated November 14, 2023.

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13 Marsha J. Pechman  
14 United States Senior District Judge  
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