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5 UNITED STATES DISTRICT COURT
6 WESTERN DISTRICT OF WASHINGTON
7 AT SEATTLE

8 ROBIN DENISE MONTA,

9 Plaintiff,

10 v.

11 NANCY A. BERRYHILL, Acting
12 Commissioner of Social Security,

13 Defendant.

CASE NO. C17-5047-MAT

ORDER RE: SOCIAL SECURITY
DISABILITY APPEAL

14 Plaintiff Robin Denise Monta proceeds through counsel in her appeal of a final decision of
15 the Commissioner of the Social Security Administration (Commissioner). The Commissioner
16 denied plaintiff's application for Disability Insurance Benefits (DIB) and Supplemental Security
17 Income (SSI) after a hearing before an Administrative Law Judge (ALJ). Having considered the
18 ALJ's decision, the administrative record (AR), and all memoranda, this matter is AFFIRMED.

19 **FACTS AND PROCEDURAL HISTORY**

20 Plaintiff was born on XXXX, 1961.¹ She completed the tenth grade and previously worked
21 as a janitor/custodian. (AR 44-45, 269.)

22 Plaintiff filed SSI and DIB applications in April 2013, alleging disability beginning

23 ¹ Plaintiff's date of birth is redacted back to the year in accordance with Federal Rule of Civil
Procedure 5.2(a) and the General Order of the Court regarding Public Access to Electronic Case Files.

1 October 10, 2011. (AR 242-54.) Her applications were denied initially and on reconsideration.

2 On June 9, 2015, ALJ Cynthia Rosa held a hearing, taking testimony from plaintiff and a
3 vocational expert (VE). (AR 35-65.) Plaintiff amended her onset date to April 1, 2013. (AR 41.)

4 On September 25, 2015, the ALJ found plaintiff not disabled. (AR 11-26.)

5 Plaintiff timely appealed. The Appeals Council denied plaintiff's request for review on
6 December 2, 2016 (AR 1-15), making the ALJ's decision the final decision of the Commissioner.

7 Plaintiff appealed this final decision of the Commissioner to this Court.

8 **JURISDICTION**

9 The Court has jurisdiction to review the ALJ's decision pursuant to 42 U.S.C. § 405(g).

10 **DISCUSSION**

11 The Commissioner follows a five-step sequential evaluation process for determining
12 whether a claimant is disabled. *See* 20 C.F.R. §§ 404.1520, 416.920 (2000). At step one, it must
13 be determined whether the claimant is gainfully employed. The ALJ found plaintiff had not
14 engaged in substantial gainful activity. At step two, it must be determined whether a claimant
15 suffers from a severe impairment. The ALJ found plaintiff's degenerative disc disease of the
16 lumbar spine with stenosis, cervicalgia, and major depressive disorder severe. Step three asks
17 whether a claimant's impairments meet or equal a listed impairment. The ALJ found plaintiff's
18 impairments did not meet or equal a listed impairment.

19 If a claimant's impairments do not meet or equal a listing, the Commissioner must assess
20 residual functional capacity (RFC) and determine at step four whether the claimant has
21 demonstrated an inability to perform past relevant work. The ALJ found plaintiff able to perform
22 light work within the following parameters: lift twenty pounds occasionally and ten pounds
23 frequently; stand, walk, and sit for six hours in an eight-hour workday; occasionally climb ramps

1 and stairs; never climb ladders, ropes, and scaffolds; occasionally balance, stoop, crouch, crawl,
2 and kneel; perform routine work with few changes over time; avoid concentrated exposure to
3 vibrations and hazards; and alternate sitting and standing, while remaining on task, every thirty
4 minutes. With that assessment, the ALJ found plaintiff unable to perform her past relevant work.

5 If a claimant demonstrates an inability to perform past relevant work, or has no past
6 relevant work, the burden shifts to the Commissioner to demonstrate at step five that the claimant
7 retains the capacity to make an adjustment to work that exists in significant levels in the national
8 economy. With the assistance of the VE, the ALJ found plaintiff capable of performing other jobs,
9 such as work as a package sorter and pricing marker.

10 This Court's review of the ALJ's decision is limited to whether the decision is in
11 accordance with the law and the findings supported by substantial evidence in the record as a
12 whole. *See Penny v. Sullivan*, 2 F.3d 953, 956 (9th Cir. 1993). *Accord Marsh v. Colvin*, 792 F.3d
13 1170, 1172 (9th Cir. 2015) ("We will set aside a denial of benefits only if the denial is unsupported
14 by substantial evidence in the administrative record or is based on legal error.") Substantial
15 evidence means more than a scintilla, but less than a preponderance; it means such relevant
16 evidence as a reasonable mind might accept as adequate to support a conclusion. *Magallanes v.*
17 *Bowen*, 881 F.2d 747, 750 (9th Cir. 1989). If there is more than one rational interpretation, one of
18 which supports the ALJ's decision, the Court must uphold that decision. *Thomas v. Barnhart*, 278
19 F.3d 947, 954 (9th Cir. 2002).

20 Plaintiff avers error in the consideration of medical opinions, lay witness evidence, her
21 testimony, and at step five. She requests remand for an award of benefits or, in the alternative, for
22 further administrative proceedings. The Commissioner argues the ALJ's decision has the support
23 of substantial evidence and should be affirmed.

1 Symptom Testimony

2 Absent evidence of malingering, an ALJ must provide specific, clear, and convincing
3 reasons to reject a claimant’s testimony.² *Burrell v. Colvin*, 775 F.3d 1133, 1136-37 (9th Cir.
4 2014) (citing *Molina v. Astrue*, 674 F.3d 1104, 1112 (9th Cir. 2012)). *See also Lingenfelter v.*
5 *Astrue*, 504 F.3d 1028, 1036 (9th Cir. 2007). “General findings are insufficient; rather, the ALJ
6 must identify what testimony is not credible and what evidence undermines the claimant’s
7 complaints.” *Lester v. Chater*, 81 F.3d 821, 834 (9th Cir. 1996). The ALJ may consider a
8 claimant’s “reputation for truthfulness, inconsistencies either in his testimony or between his
9 testimony and his conduct, his daily activities, his work record, and testimony from physicians and
10 third parties concerning the nature, severity, and effect of the symptoms of which he complains.”
11 *Light v. Social Sec. Admin.*, 119 F.3d 789, 792 (9th Cir. 1997).

12 The ALJ in this case found plaintiff’s statements concerning the intensity, persistence, and
13 limiting effects of her symptoms not entirely credible. The Court finds several specific, clear, and
14 convincing reasons provided in support of that conclusion.

15 A. Medical Evidence

16 “While subjective pain testimony cannot be rejected on the sole ground that it is not fully
17 corroborated by objective medical evidence, the medical evidence is still a relevant factor in
18 determining the severity of the claimant’s pain and its disabling effects.” *Rollins v. Massanari*,
19 261 F.3d 853, 857 (9th Cir. 2001); Social Security Ruling (SSR) 96-7p and 16-3p. An ALJ may
20 reject a claimant’s subjective testimony based on contradictory medical evidence. *Carmickle v.*

21 _____
22 ² In Social Security Ruling (SSR) 16-3p, the Social Security Administration (SSA) rescinded SSR
23 96-7p, eliminated the term “credibility” from its sub-regulatory policy, clarified that “subjective symptom
evaluation is not an examination of an individual’s character[,]” and indicated it would more “more closely
follow [its] regulatory language regarding symptom evaluation.” SSR 16-3p. However, this change is
effective March 28, 2016 and not applicable to the September 25, 2015 ALJ decision in this case. The
Court, moreover, continues to cite to relevant case law utilizing the term credibility.

1 *Comm'r of SSA*, 533 F.3d 1155, 1161 (9th Cir. 2008).

2 The ALJ is responsible for assessing the medical evidence and resolving any conflicts or
3 ambiguities in the record. *See Treichler v. Comm'r of Soc. Sec. Admin.*, 775 F.3d 1090, 1098 (9th
4 Cir. 2014); *Carmickle*, 533 F.3d at 1164. When evidence reasonably supports either confirming
5 or reversing the ALJ's decision, the Court may not substitute its judgment for that of the ALJ.
6 *Tackett v. Apfel*, 180 F.3d 1094, 1098 (9th Cir. 1999). "Where the evidence is susceptible to more
7 than one rational interpretation, it is the ALJ's conclusion that must be upheld." *Morgan v.*
8 *Commissioner of the SSA*, 169 F.3d 595, 599 (9th Cir. 1999).

9 The ALJ reasonably construed the objective evidence in the record as indicating plaintiff
10 is not as limited as she alleged. (AR 17-19.) For example, in July 2013, Dr. Gary Gaffield found
11 restricted motion of the lumbar spine with crepitus, restricted cervical motion with dorsal spasms,
12 a positive straight leg-raising test on the right, but no spasms or triggers points or pain on
13 percussion on the thoracic spine, upper extremities free of deformities, intact grip and dexterity,
14 and full lower extremity range of motion. He observed plaintiff rise from chairs and get on and
15 off a table without effort, not struggle to remove footwear, walk on her heels and the balls of her
16 feet, walk in tandem without difficulty, negative straight leg raising when sitting, full muscle
17 strength/bulk/tone in the upper and lower extremities, and unimpaired balance. The ALJ also
18 described, *inter alia*, plaintiff's July 2013 report to Dr. Jennifer Irwin of depression, no energy or
19 motivation, paranoid ideation and auditory hallucinations, but also that she had smoked marijuana
20 the day prior and drank about a fifth of whiskey over two days. Plaintiff was polite and cooperative
21 with good eye contact, logical and goal directed thoughts, normal speech, and fully oriented,
22 recalled seven digits forward and three backwards, and three of three objects after five-minutes,
23 had intact fund of knowledge, and followed a three-step command.

1 Plaintiff challenges the reliance on the evidence from Dr. Gaffield, stating he had limited
2 information to go on and observed limited ranges of motion. (*See* AR 491.) However, the ALJ
3 acknowledged the restricted range of motion and reasonably interpreted Dr. Gaffield’s other
4 findings as objective medical evidence contradictory to plaintiff’s testimony as to the extent of her
5 limitations. Even if a contrary interpretation of the evidence could be deemed rational, the ALJ’s
6 at least equally rational interpretation suffices to uphold the decision.

7 B. Activities

8 The ALJ found plaintiff’s activity level inconsistent with her alleged degree of impairment
9 and disability. (AR 19.) She noted evidence plaintiff does light household chores such as washing
10 dishes, cooking, and laundry, shops, takes the bus, goes to the casino, walks her dog, uses the
11 computer, and embroiders. She found the ability to do chores, walk the dog, and shop inconsistent
12 with the alleged difficulty lifting, standing/walking, bending, and reaching, and indicating the
13 ability to engage in activities consistent with light work. She found the ability to use the computer
14 and embroider to indicate the ability to concentrate and persist, noting plaintiff’s testimony she
15 embroiders daily and concluding this indicated plaintiff “can concentrate and persist on tasks when
16 she wants to.” (*Id.*) The ALJ found plaintiff’s testimony she isolates herself inconsistent with her
17 ability to go to the casino, dance, shop, and ride the bus.

18 Plaintiff contends there is no evidence as to how often or how long she performs her
19 activities, and that the activities were minimal, did not show an ability to spend a substantial part
20 of the day engaged in physical functions transferable to a work setting, and did not indicate an
21 ability to work. It remains that there are “two grounds for using daily activities to form the basis
22 of an adverse credibility determination”: (1) whether the activities contradict the claimant’s
23 testimony and (2) whether the activities “meet the threshold for transferable work skills[.]” *Orn*

1 v. *Astrue*, 495 F.3d 625, 639 (9th Cir. 2007). The ALJ noted plaintiff’s testimony as to how
2 frequently she embroiders, and reasonably concluded her activities could not be performed if her
3 physical limitations were as significant as alleged and that the discrepancies in her testimony and
4 the evidence diminished the persuasiveness of her subjective complaints and alleged limitations.

5 C. Inconsistent Statements

6 An ALJ may rely on ordinary techniques of evaluation, including inconsistencies in a
7 claimant’s statements. *Tommasetti v. Astrue*, 533 F.3d 1035, 1039 (9th Cir. 2008). *See also Burch*
8 *v. Barnhart*, 400 F.3d 676, 680 (9th Cir. 2005) (ALJ may consider a reputation for truthfulness
9 and inconsistencies in testimony). The ALJ here noted inconsistent statements as to how plaintiff
10 injured her back and about substance use. (AR 20.)

11 Inconsistent statements regarding drug and alcohol usage may serve as a basis to reject a
12 claimant’s testimony. *See Verduzco v. Apfel*, 188 F.3d 1087, 1090 (9th Cir. 1999). As described
13 by the ALJ, plaintiff reported to Dr. Irwin she was drinking about a fifth of whiskey over two days,
14 while she testified at hearing she only drank two glasses a day; she testified she last used
15 methamphetamine two to three years ago, but reported in 2013 she had not used recreational drugs;
16 she stated she had not used marijuana since she was younger, but testified she used it nightly; and,
17 in November 2014, plaintiff reported using marijuana and methamphetamines “‘here and there.’”
18 (AR 20 (citations to record omitted).) (*See also* AR 17 (contrasting June 2013 report she smoked
19 marijuana when younger but not in many years and denied current use of other drugs, with her
20 testimony she regularly uses marijuana and was using methamphetamines “‘until two or three years
21 ago, which would be around 2013.’”))

22 Plaintiff contends the ALJ’s reasoning fails to account for Washington’s July 2014
23 legalization of marijuana, that her alcohol use is a non-issue given that it was deemed not severe,

1 and that this information should have been presented during the hearing if the ALJ intended to use
2 it to impugn credibility. However, whether or not deemed a severe impairment, evidence of a lack
3 of candor regarding alcohol or drug use provides support for an ALJ's negative conclusions about
4 a claimant's veracity. *See Thomas*, 278 F.3d at 959. Nor does the 2014 legalization of marijuana
5 explain plaintiff's inconsistent reporting. For example, in July 2013, only one month after denying
6 using marijuana "for many years" (AR 730), plaintiff reported to Dr. Gaffield she smoked
7 marijuana and drank on a daily basis (AR 489) and informed Dr. Irwin she last used marijuana the
8 day prior, did not have a "medical card" allowing for such use, and used it "a couple of times a
9 day." (AR 483.) The ALJ provided plaintiff the opportunity at hearing to explain inconsistencies
10 in her reporting, inquiring about her use of alcohol, marijuana, and methamphetamines, and asking
11 specifically about her report of drinking a fifth of whiskey every two days. (AR 47-48, 51.)

12 In relation to the origin of her back injury, the ALJ noted plaintiff's report she slipped while
13 picking up a bucket, her report she fell while she was putting down tables, and her testimony she
14 slipped and fell. (AR 20 (citing AR 563, 730, 52).) Plaintiff's largely consistent accounts as to
15 how she injured her back are not reasonably construed as undermining her symptom testimony.
16 (*See* AR 52 (there was something on the floor in the cafeteria and she slipped and fell between the
17 doorway going into the kitchen), AR 274 (she slipped on something while taking a bucket out of
18 the cafeteria to empty it), AR 563 ("She went out to pick up a bucket and she slipped on something
19 on the floor, possibly food."), and AR 730 ("She says that all of this started originally with a fall
20 in the cafeteria at work when she was helping put down tables after lunch. She slipped on
21 something on the floor and twisted and fell and injured herself that way.)) However, given the
22 other examples of inconsistent reporting, as well as other valid reasons for the overall assessment,
23 the error as it relates to plaintiff's back injury reporting is properly deemed harmless. *Carmickle*,

1 533 F.3d at 1162-63. *See also Molina*, 674 F.3d at 1115 (ALJ’s error may be deemed harmless
2 where it is “‘inconsequential to the ultimate nondisability determination.’”; the court looks to “the
3 record as a whole to determine whether the error alters the outcome of the case.”) (cited sources
4 omitted).

5 D. Drug-Seeking Behavior

6 The ALJ found evidence in the record to suggest plaintiff “may have a problem with her
7 narcotic pain medications.” (AR 20.) Dr. Andrew Tsoi, in April 2015, noted plaintiff had been
8 taking “Vicodin daily for almost 2 yrs now,” and stated: “At the moment, major problem seems
9 to be her daily use of narcotic agent(s)[.]” (AR 825-26.) On March 31, 2014, plaintiff reported to
10 emergency room providers that she had not filled prescriptions for Prednisone and Ultram she had
11 received one month prior as “she ‘does not like to take new medications’, and ‘only Vicodin’ helps
12 her pain.” (AR 871.) The care provider found it unclear why plaintiff had not filled her
13 prescriptions for the “identical condition” at issue in her prior, recent visit, and advised her to
14 “follow recommendations if she expects any improvement.” (AR 873.) The ALJ found the
15 evidence to suggest plaintiff “may be motivated to report symptoms in order to obtain Vicodin and
16 this undermines her credibility.” (AR 20.)

17 Plaintiff observes that one of the unfilled prescriptions, for Ultram (Tramadol), is “a
18 narcotic like pain reliever.” (Dkt. 13 at 16.) She otherwise denies the significance of the evidence
19 relied upon, observing no medical provider opined as to abuse of medications and asserting the
20 ALJ engaged in sheer speculation.

21 An ALJ may consider evidence of a claimant’s drug-seeking behavior. *Edlund v.*
22 *Massanari*, 253 F.3d 1152, 1157 (9th Cir. 2001), *amended opinion* at 2001 U.S. App. LEXIS
23 17960 (Aug. 9, 2001). An ALJ is further “entitled to draw inferences logically flowing from the

1 evidence.” *Sample v. Schweiker*, 694 F.2d 639, 642 (9th Cir. 1982). The ALJ here cited to
2 relevant evidence and drew a rational interpretation of possible drug-seeking behavior. This
3 rational interpretation is not properly disturbed. *See, e.g., Massey v. Comm’r SSA*, No. 10-35004,
4 2010 U.S. App. LEXIS 21508 at * 2 (9th Cir. Oct. 19, 2010) (stating it was unclear whether
5 frequent emergency room visits and erratic disease management was the result of a painkiller
6 addiction or lack of health insurance and financial limitations, but deferring to the ALJ’s
7 interpretation of drug-seeking behavior).

8 E. Other Reasons

9 The ALJ included other reasons in support of her conclusion regarding plaintiff’s
10 testimony. Plaintiff’s initial response to an inquiry as to why she could not work included that she
11 did not have a diploma or car, which were not “relevant factors to support a finding of disability.”
12 (AR 19.) Her reports of seeking treatment because of the loss of her home and marriage, for her
13 kids, and for her car, that she had a lot on her shoulders, lost her home, her “‘ex’ left her, and her
14 children did not see her”, suggested her “primary issues are not impairments, but situational
15 stressors and life choices that do not involve a disabling condition.” (*Id.*) The ALJ found plaintiff
16 had reported few mental health symptoms relevant to a finding of disability and had not been
17 consistent with seeking and attending mental health treatment, suggesting she has minimal
18 symptoms. The ALJ also found the evidence did not suggest a motivation to work consistently.
19 Plaintiff’s Labor and Industries (L&I) claim closed in 2013, she received wage loss benefits for
20 three years, and she stated she had no plans to return to employment and was trying to get disability
21 and retirement benefits. (AR 20.) “The claimant has made no efforts to work and appears to have
22 been content to seek L&I benefits and now Social Security benefits rather than to engage in work
23 activity. This undermines her overall credibility.” (*Id.*)

1 The Commissioner declined to defend the ALJ's reliance on evidence of secondary gain,
2 including the reasons for inability to work unrelated to disability, the failure to look for work, and
3 the perception of greater interest in receiving disability benefits than in working. The Court finds
4 any error harmless in light of the above-described specific, clear, and convincing reasons for the
5 ALJ's assessment. *See Carmickle*, 533 F.3d at 1162-63, and *Molina*, 674 F.3d at 1115.

6 Neither party addresses, within the context of plaintiff's testimony, the ALJ's statements
7 regarding the reporting of mental health symptoms and the failure to consistently seek and attend
8 mental health treatment. (*But see* Dkt. 13 at 11 (addressing the issue in relation to opinion
9 evidence).) An ALJ may consider a claimant's inconsistent or non-existent reporting of symptoms.
10 *Greger v. Barnhart*, 464 F.3d 968, 972 (9th Cir. 2006). An ALJ also properly considers evidence
11 associated with a claimant's treatment, 20 C.F.R. §§ 404.1529(c)(3), 416.929(c)(3), SSR 96-7p
12 and SSR 16-3p, including unexplained or inadequately explained failure to seek or follow through
13 with treatment, *Tommasetti*, 533 F.3d at 1039. *But see* SSR 96-7p (ALJ should not draw inferences
14 from failure to seek or pursue treatment without first considering explanations for that failure,
15 including an inability to afford treatment), and *Regennitter v. Comm'r Soc. Sec. Admin.*, 166 F.3d
16 1294, 1299-1300 (9th Cir. 1999) (“[W]e have particularly criticized the use of a lack of treatment
17 to reject mental complaints both because mental illness is notoriously underreported and because
18 ‘it is a questionable practice to chastise one with a mental impairment for the exercise of poor
19 judgment in seeking rehabilitation.’”) (quoting *Van Nguyen v. Chater*, 100 F.3d 1462, 1465 (9th
20 Cir. 1996)). As discussed below (*see supra* at 19-20), the record provides support for the ALJ's
21 depiction of an inconsistent pursuit of mental health treatment. Plaintiff does not assert any
22 specific reasons for her failure to more frequently report mental health symptoms or to more
23 consistently pursue treatment. The ALJ also properly considered these factors in assessing

1 plaintiff's testimony.

2 Medical Opinions

3 Plaintiff argues the ALJ improperly rejected the opinions of treating naturopath/
4 chiropractor Thomas Young, treating nurse practitioner and primary care provider Linda Pelland,
5 and examining psychiatrist Dr. Jennifer Irwin. She maintains error in the preference of the
6 opinions of examining physician Dr. Gary Gaffield, and non-examining State agency
7 psychologists Dr. Michael Brown and Sharon Underwood and physician Dr. Dennis Koukol.³

8 In evaluating the weight to be given to the opinions of medical providers, Social Security
9 regulations distinguish between different types of medical and other sources. Pursuant to the
10 regulations in effect at the time of the ALJ's decision, "acceptable medical sources" included, for
11 example, licensed physicians and psychologists, while other non-specified medical providers were
12 considered "other sources." 20 C.F.R. §§ 404.1502, 404.1513, 416.902, 416.913.⁴

13 In general, more weight should be given to the opinion of a treating physician than to a
14 non-treating physician, and more weight to the opinion of an examining physician than to a non-
15 examining physician. *Lester*, 81 F.3d at 830. Where contradicted by another physician, a treating
16 or examining physician's opinion may not be rejected without "specific and legitimate reasons"
17 supported by substantial evidence in the record for so doing." *Id.* at 830-31 (quoting *Murray v.*

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19 ³ The ALJ also assigned some weight to the April 2015 opinions of examining physician Dr.
20 Andrew Tsoi, finding a limitation to light work and moderate limitations of a general nature accommodated
21 by the RFC. (AR 23.) She gave little weight to an estimated period of un-employability of one year, finding
it inconsistent with the rest of the opinion offered and with the objective findings on examination, including
normal motor functioning, sensation, and normal deep tendon reflexes. (AR 23-24.) Plaintiff does not
challenge this assessment.

22 ⁴ Regulations effective March 27, 2017, after the ALJ's September 2015 decision, include advanced
23 practice registered nurses, audiologists, and physician assistants as "acceptable medical sources," other
licensed health care workers as "medical sources," and others as "nonmedical sources." 20 C.F.R. §§
416.902(a), (d), (e), 404.1502(a), (d), (e).

1 *Heckler*, 722 F.2d 499, 502 (9th Cir. 1983)). Less weight may be assigned to the opinions of other
2 sources. *Gomez v. Chater*, 74 F.3d 967, 970 (9th Cir. 1996). The opinions of other sources,
3 including nurse practitioners, naturopaths, and chiropractors, can be rejected with reasons germane
4 to each source. *Molina*, 674 F.3d at 1111.

5 A. Thomas Young, N.D., D.C.

6 Dr. Young treated plaintiff and completed evaluation forms on three occasions.⁵ In May
7 2013, he opined plaintiff could return to sedentary work, with a sit/stand/walk at-will option and
8 no repetitive activity or lifting/carrying over five pounds. (AR 476-77.)

9 In November 2014, Dr. Young opined plaintiff's depression, anxiety, and psychological
10 factors affected her physical condition, frequently affected her attention and concentration to
11 perform even simple tasks, but that she was capable of low stress jobs, adding: "Physically she is
12 very limited – psychologically she would do well with a course of [treatment]." (AR 538.)
13 Plaintiff could walk one-to-two blocks, sit for thirty minutes at a time and about four hours total,
14 stand for fifteen minutes at a time and less than two hours total, and needed periods of walking
15 around during the day (every five minutes, for five minutes at a time) and to "sit/stand/walk and
16 vary positions and activities often and at will during the work day." (AR 538-39.) Plaintiff would
17 need one or two unscheduled breaks, could occasionally lift up to ten pounds and rarely up to
18 twenty pounds, occasionally look down, up, or hold her head in a static position, frequently turn
19 her head right or left, rarely twist, stoop (bend), crouch, or climb stairs, never climb ladders, may
20 have some limitation in reaching given her low back, but did not have significant limitations in
21 reaching, handling, or fingering, and had no manipulative limitations. (AR 540-41.) She would

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23 _____
⁵ The ALJ stated Dr. Young released plaintiff to return to work in November 2012, but the cited exhibit was removed from the record because it related to a different claimant. (See AR 22, 412.)

1 miss an estimated three days a month. (AR 541.)

2 In April 2015, Dr. Young opined plaintiff needed to take hourly, ten-minute breaks, could
3 rarely lift less than ten pounds, rarely look down, look up, or hold her head in a static position,
4 could occasionally look left or right, and would miss more than four days per month. (AR 901-
5 02.) A return to work was not expected and plaintiff had “other, disabling, concurrent medical and
6 psychiatric problems[,]” but Dr. Young’s “role with this case is for the L5 disc failure which is
7 worsening and patient should consider an application to re-open that claim.” (AR 902-03.)

8 The ALJ gave little weight to Dr. Young’s opinions. The opinions were contrary to
9 plaintiff’s actual activities, including preparing meals and doing dishes and laundry, and
10 inconsistent with the totality of the objective evidence, including her intact gait and normal muscle
11 strength, bulk, and tone. (AR 22.) Dr. Young offered opinions about psychological “conditions
12 and their effect on plaintiff but he is not a mental health care provider and not qualified to opine
13 about her mental health symptoms.” (AR 22 (this statement contained a typographical error of
14 “physiological” conditions).) Also, “Dr. Young is not an acceptable medical source who can
15 establish diagnoses and greater weight is given to Dr. Gaffield’s opinion, as he is an acceptable
16 medical source.” (*Id.*)

17 Plaintiff suggests the ALJ’s consideration of her activities implies an individual need be
18 unable to prepare a meal, wash a dish, or do laundry in order to be found disabled, and that the
19 ALJ ignored pertinent objective findings, such as abnormal MRI findings and a positive straight
20 leg raise, and improperly played doctor in interpreting the medical record. The Court finds the
21 ALJ reasonably considered evidence of plaintiff’s activities – activities extending beyond the
22 ability to prepare a meal, wash a dish, or do laundry (*see, e.g.*, AR 15, 18-19) – and contradictory
23 medical evidence (*see* AR 17-20), as germane reasons for rejecting Dr. Young’s opinions. *See*,

1 e.g., *Tommasetti*, 533 F.3d at 1041 (inconsistency with the medical record), and *Rollins*, 261 F.3d
2 at 856 (inconsistency with level of activity).

3 The ALJ also properly considered the opinions of Dr. Young while giving greater weight
4 to the opinion of an acceptable medical source. SSR 06-03p (rescinded effective March 27, 2017,
5 after the ALJ's September 2015 decision). Dr. Gaffield opined plaintiff had no limitations in the
6 ability to sit, walk, or stand in an eight-hour workday with adequate breaks and rest periods, could
7 lift up to twenty pounds occasionally and ten pounds frequently, and occasionally perform postural
8 activities, had no manipulative limitations, and would need to avoid stairs and ladders, incline
9 planes, obstacles in her pathway, and irregular surfaces, but could on occasion climb a single flight
10 of stairs or a slight incline plane with a decent railing. (AR 492-93.) The ALJ considered that Dr.
11 Gaffield had the opportunity to conduct an examination and found consistency with his
12 examination findings, including normal strength, bulk, tone, and intact gait, but reduced range of
13 motion in the lumbar and cervical spine. (AR 21.)

14 Finally, the ALJ properly considered that Dr. Young rendered opinions outside his area of
15 expertise. While an ALJ may not reject a physician's opinion regarding medical limitations solely
16 on the grounds they are outside the doctor's area of expertise, *Sprague v. Bowen*, 812 F.2d 1226,
17 1232 (9th Cir. 1987), the ALJ may consider area of expertise in determining the weight to give the
18 opinion, 20 C.F.R. §§ 416.926(c)(5), 404.1527(c)(5), as well as whether or not a physician
19 provides any treatment in the area at issue and/or support for the opinion, *Allison v. Astrue*, No.
20 10-35156, 2011 U.S. App. LEXIS 7024 at *3-5 (9th Cir. Apr. 4, 2011) (if a treating physician
21 offers an opinion outside his or her area of specialization and does not support that opinion, it is
22 entitled to little or no weight). Plaintiff does not identify any support provided by Dr. Young for
23 opinions as to her psychological condition, and Dr. Young, in his final evaluation, clarified his

1 role as relating to physical impairment (AR 903). The ALJ, accordingly, provided several germane
2 reasons for assigning little weight to the opinions of Dr. Young.

3 B. Linda Pelland, ARNP

4 Treating nurse practitioner Linda Pelland completed a physical RFC questionnaire in
5 December 2014. (AR 704-09.) She identified diagnoses of spinal stenosis and lumbar/brachial
6 neuritis and opined depression and anxiety contributed to the severity of plaintiff's symptoms and
7 functional limitations. (AR 704-05.) Plaintiff's pain or other symptoms would frequently interfere
8 with attention and concentration to perform even simple tasks, plaintiff was incapable of even low
9 stress jobs, and she could sit for fifteen minutes and stand for thirty minutes at one time, sit for
10 about two hours and stand/walk for about four hours total in an eight-hour workday, and needed
11 to walk around approximately every twenty minutes for ten minutes at a time. (AR 705-06.)
12 Plaintiff needed to lie down/recline for about three hours a day, shift at will from sitting, standing,
13 or walking, and take unscheduled breaks twenty times per eight hours, for ten minutes at a time.
14 (AR 706-07.) She could occasionally lift less than ten pounds, rarely look down or up, frequently
15 turn head left or right or hold head in a static position, rarely twist, stoop (bend), or crouch, never
16 climb ladders or stairs, and could reach with either arm, including overhead, 0.5 hours a day. (AR
17 707-08.) Plaintiff would miss more than four days a month and could not work in cold or wet
18 conditions, with extreme noise, or extreme humidity. (AR 708.)

19 The ALJ gave little weight to Pelland's opinion, finding it appeared to be based primarily
20 on plaintiff's reports, rather than objective evidence in the record, and stating: "Ms. Pelland's
21 records note that she and the claimant went over the form together and 'evaluated' her pain,
22 function, work tolerance, and psychological association with pain and function." (AR 23 (quoting
23 AR 778).) "At that examination, the claimant had normal mood and affect and was fully oriented."

1 (*Id.* (citing AR 778).) The ALJ noted Pelland is not an acceptable medical source who can
2 establish diagnoses and gave greater weight to Dr. Gaffield as an acceptable source. The ALJ
3 further noted that Pelland and Dr. Young gave opinions not entirely consistent with each other,
4 suggesting they were based more on plaintiff’s varying reports than on concrete objective
5 evidence. For example, Dr. Young believed plaintiff could sit more in a day than stand, while
6 Pelland believed plaintiff could stand more than sit. This was “just one example of the kind of
7 inconsistencies that undermine both of these opinions.” (*Id.*)

8 Plaintiff contends the ALJ ignored objective findings documented by Pelland, and recites
9 findings from examinations in June 2013 and July 2014. The ALJ, however, reasonably relied on
10 the contemporaneous treatment note showing Pelland relied on plaintiff’s subjective reports. (AR
11 778 (“We also spent 20 minutes going over the paperwork her lawyer needs for her disability
12 hearing. We evaluated her pain, function, work tolerance, and psychological association with pain
13 and function.”)) *See, e.g., Bray v. Comm’r of Social Sec. Admin.*, 554 F.3d 1219, 1228 (9th Cir.
14 2009) (“[T]he treating physician’s prescribed work restrictions were based on Bray’s subjective
15 characterization of her symptoms. As the ALJ determined that Bray’s description of her limitations
16 was not entirely credible, it is reasonable to discount a physician’s prescription that was based on
17 those less than credible statements.”); *Tommasetti*, 533 F.3d at 1041 (“An ALJ may reject a treating
18 physician’s opinion if it is based ‘to a large extent’ on a claimant’s self-reports that have been
19 properly discounted as incredible.”) (quoting *Morgan*, 169 F.3d at 602). *Cf. Ghanim v. Colvin*,
20 763 F.3d 1154, 1162-63 (9th Cir. 2014) (ALJ “offered no basis” for conclusion medical opinions
21 were based more heavily on self-reports, where letter and evaluation discussed treating providers’
22 “observations, diagnoses, and prescriptions, in addition to . . . self-reports.”) In addition, and as
23 with Dr. Young, the ALJ properly considered the opinions of Pelland, but gave greater weight to

1 the opinions of acceptable medical source Dr. Gaffield. SSR 06-03p.

2 The ALJ also properly considered inconsistencies between the opinions of the two treating
3 providers. *Morgan*, 169 F.3d at 603. Plaintiff suggests the differences are more likely the result
4 of two different practitioners who see the patient differently, and that their agreement as to severe
5 functional impairment preventing gainful employment is more significant. Yet, this offers merely
6 a different interpretation of the evidence. Because it is at least equally rational, the ALJ's
7 alternative interpretation withstands scrutiny. (*Compare* AR 537-42 (limitations to thirty minutes
8 of sitting and fifteen minutes standing at a time, less than two hours total of standing/ walking, and
9 about four hours total of sitting, providing for the ability to reach eight hours a day, and finding
10 no need to lie down/recline during the day), *with* AR 704-09 (limitations to fifteen minutes of
11 sitting and thirty minutes of standing at a time, about two hours of sitting and four hours of
12 standing/walking total, the need to lie down about three hours a day, and a limitation to reaching
13 0.5 hours a day).) For this reason, and for the reasons described above, the ALJ provided reasoning
14 germane to Pelland.

15 C. Dr. Jennifer Irwin

16 Dr. Jennifer Irwin examined plaintiff in July 2013 and assigned a Global Assessment of
17 Functioning (GAF) score of 60 (AR 485), reflecting moderate symptoms or moderate difficulty in
18 social, occupational, or school functioning. Diagnostic and Statistical Manual of Mental Disorders
19 34 (4th ed. 2000) (DSM-IV-TR).⁶ Dr. Irwin assessed plaintiff as able to perform simple and
20 repetitive, as well as detailed and complex tasks, accept instructions from supervisors and interact

21 _____
22 ⁶ The most recent version of the DSM does not include a GAF rating for assessment of mental
23 disorders. DSM-V at 16-17 (5th ed. 2013). While the SSA continues to receive and consider GAF scores
from “acceptable medical sources” as opinion evidence, a GAF score cannot alone be used to “raise” or
“lower” someone’s level of function, and, unless the reasons behind the rating and the applicable time
period are clearly explained, it does not provide a reliable longitudinal picture of the claimant’s mental
functioning for a disability analysis. Administrative Message 13066 (“AM-13066”).

1 with co-workers and the public, perform work activities on a consistent basis without special or
2 additional instruction, and maintain regular attendance. (*Id.*) Dr. Irwin also opined plaintiff would
3 have difficulty completing a normal workday and workweek without interruption from a
4 psychiatric condition and would have difficulty dealing with the usual stress encountered in the
5 workplace “at this time.” (*Id.*)

6 The ALJ assigned little weight to Dr. Irwin’s opinion. She agreed plaintiff can perform
7 simple tasks, but found the portion of the opinion regarding an inability to persist, complete a
8 normal workday, and deal with stress not supported by the record. (AR 21-22.) The ALJ noted
9 plaintiff did not follow through with mental health treatment “indicating that she does not believe
10 she has need of this treatment.” (AR 22.) The ALJ considered plaintiff’s ability to persist at
11 embroidery projects every day and to persist to use the computer.

12 Plaintiff again suggests the absence of evidence as to how long she engages in activities.
13 However, as noted earlier in the decision, plaintiff testified she occupies herself during the day by
14 sitting in her room, watching television, or doing embroidery, and embroiders “[a]lmost every
15 day[.]” (AR 16-17, 49.) The ALJ reasonably considered evidence of plaintiff’s activities contrary
16 to the opinions of Dr. Irwin. *Rollins*, 261 F.3d at 856.

17 Plaintiff denies her failure to get regular mental health treatment is determinative of the
18 impact of her mental problems. *See Van Nguyen*, 100 F.3d at 1465 (“the fact that claimant may
19 be one of millions of people who did not seek treatment for a mental disorder until late in the day”
20 was not a substantial basis upon which to deem a physician’s assessment inaccurate). She points
21 to evidence showing she sought treatment in November 2014, her discharge a month later after
22 failing to appear for several appointments (AR 710-24), treatment received from a different
23 provider in March and April 2015 (AR 829-53), and her May 2015 report of seeing a counselor

1 (AR 905). As stated above, an ALJ properly considers evidence associated with a claimant's
2 treatment, 20 C.F.R. §§ 404.1529(c)(3), 416.929(c)(3), SSR 96-7p and SSR 16-3p, including
3 unexplained or inadequately explained failure to seek or follow through with treatment,
4 *Tommasetti*, 533 F.3d at 1039. In this case, the same evidence cited to by plaintiff supports the
5 ALJ's interpretation of the record as showing plaintiff's failure to follow through with mental
6 health treatment, and the decision to discount Dr. Irwin's opinions as to work completion and stress
7 tolerance. In fact, Dr. Irwin deemed plaintiff's problem treatable and the likelihood of recovery
8 guarded, stating plaintiff's mood disorder is complicated by what appears to be a history of alcohol
9 dependency, observing plaintiff was not taking an anti-depressant, and opining her condition could
10 improve in the subsequent twelve months with treatment and compliance. (AR 485.) (*See also*
11 AR 24 (assigning great weight to the opinions of Drs. Brown and Underwood finding plaintiff able
12 to perform simple and some complex tasks, persist for two-hour intervals in an eight-hour
13 workday, and adjust to small changes in her routine) and AR 16 (RFC limitation to performing
14 routine work with few changes over time).)

15 The ALJ, in sum, provided specific and legitimate reasons in relation to Dr. Irwin. Plaintiff
16 does not demonstrate error in the consideration of this or any other opinion evidence.

17 Lay Testimony

18 Lay witness testimony as to a claimant's symptoms or how an impairment affects ability
19 to work is competent evidence and cannot be disregarded without comment. *Van Nguyen*, 100
20 F.3d at 1467. The ALJ can reject the testimony of lay witnesses with germane reasons. *Smolen v.*
21 *Chater*, 80 F.3d 1273, 1288-89 (9th Cir. 1996). The ALJ in this case declined to afford significant
22 weight to the testimony of Mark Mangan, plaintiff's former roommate, gave little weight to the
23 testimony of Ken Monta, plaintiff's brother, and gave some weight to the testimony of friends Ben

1 Ham and Paul Handorff. (AR 20-21.)

2 Plaintiff does not identify error in the ALJ's assessment of the lay testimony. She takes
3 issue with the ALJ's statement that "[f]amily members and friends are not medically trained to
4 make exacting clinical observations[,]" and notes such testimony remains competent evidence.
5 (AR 20.) Yet, the ALJ did not discount lay testimony as a general matter. Nor did the ALJ err in
6 discussing evidence from "non-medical sources." She accurately noted factors appropriately
7 considered in the assessment of such evidence include the nature and extent of the relationship,
8 whether the statements are consistent with other evidence, and any other factors that tend to support
9 or refute the evidence. (AR 20); SSR 06-3p.

10 The ALJ further provided reasons germane to each lay witness. She rejected Mangan's lay
11 testimony upon finding it inconsistent with the medical evidence of record. *Lewis v. Apfel*, 236
12 F.3d 503, 511 (9th Cir. 2001) ("One reason for which an ALJ may discount lay testimony is that
13 it conflicts with medical evidence."). She reasonably construed the statement from plaintiff's
14 brother to reflect significant reliance on plaintiff's reports of pain, which the ALJ did not fully
15 accept, as well as minimal familiarity with plaintiff's limitations and functioning on a consistent
16 basis. (*See* AR 307 (describing "one of my visits with my sister[]" and stating: "At other [time] I
17 had called her and she wasn't doing good. She was always in a lot of pain.")) The ALJ accurately
18 described the lay testimony from Ham and Handorff as failing to elaborate as to any specific
19 functional limitations (AR 355 (Ham noticed the decline in plaintiff's ability to maintain everyday
20 normal activities, witnessed the pain she went through with the loss of her employment, and
21 described how plaintiff became homeless, slept in and eventually lost her vehicle) and AR 359
22 (Handorff watched plaintiff become more and more reclusive and withdrawn, her frustration with
23 her personal health issues, and her sinking into depression)), and reasonably afforded those

1 statements only some weight, *see Morgan* 169 F.3d at 601 (physician’s reports did not show how
2 symptoms or characteristics translated into specific functional deficits precluding work activity).

3 Step Five

4 Plaintiff contends error at step five given the inaccurate RFC and incomplete VE
5 hypothetical resulting from the ALJ’s improper rejection of medical opinion evidence. Because
6 the Court finds no error in the assessment of the medical evidence, the RFC, and/or the
7 corresponding hypothetical to the VE, this restating of plaintiff’s argument does not establish error
8 at step five. *Stubbs-Danielson v. Astrue*, 539 F.3d 1169, 1175-76 (9th Cir. 2008).

9 Plaintiff avers error in the ALJ’s misidentification of the Dictionary of Occupational Titles
10 (DOT) number for one of the jobs identified by the VE at hearing. (*See* AR 25 (209.687-034,
11 rather than 209.587-034).) However, the VE identified the proper DOT job number at hearing
12 (AR 56) and this typographical error in the ALJ’s decision is harmless.

13 Plaintiff also points to a declaration from a different VE, submitted after the hearing,
14 disagreeing with the VE’s testimony at hearing regarding the job of package sorter, and arguing
15 the DOT description is outdated. (AR 392-93.) This declaration does not demonstrate error.

16 The ALJ bears the burden at step five to provide evidence demonstrating other work exists
17 in significant numbers a claimant can perform given her RFC and vocational factors. 20 C.F.R.
18 §§ 404.1560(c)(2), 416.960(c)(2). “An ALJ may take administrative notice of any reliable job
19 information, including information provided by a VE.” *Bayliss v. Barnhart*, 427 F.3d 1211, 1218
20 (9th Cir. 2005). “A VE’s recognized expertise provides the necessary foundation for his or her
21 testimony.” *Id.* While VEs and sources other than the DOT are authoritative, the DOT raises a
22 rebuttable presumption as to job classification. *Johnson v. Shalala*, 60 F.3d 1428, 1435-36 (9th
23 Cir. 1995). *See also* SSR 00-4p (“[W]e rely primarily on the DOT (including its companion

1 publication, the [Selected Characteristics of Occupations Defined in the Revised DOT], for
2 information about the requirements of work in the national economy.”) An ALJ must inquire as
3 to whether a VE’s testimony is consistent with the DOT and, if there is a conflict, determine
4 whether the VE’s explanation for such a conflict is reasonable. SSR 00-4p; *Massachi v. Astrue*,
5 486 F.3d 1149, 1152-54 (9th Cir. 2007); *Pinto v. Massanari*, 249 F.3d 840, 847 (9th Cir. 2001).

6 The ALJ here asked the VE to identify jobs plaintiff could perform and inquired into
7 consistency with the DOT. (AR 54-64.) The VE provided testimony as to jobs and noted
8 consideration of the DOT, job observations, and sources used to identify numbers of available
9 jobs. The ALJ complied with his obligation to confirm consistency with the DOT, and
10 appropriately relied on the VE’s testimony. Plaintiff’s VE declaration does not undercut the
11 substantial evidence support for the ALJ’s decision. Plaintiff’s VE, unlike the SSA, does not
12 accept the DOT as a reliable source of information as to current jobs and, at best, provides an
13 alternative opinion regarding the package sorter job and employer hiring preferences. This
14 alternative opinion does not suffice to demonstrate the unreliability of the VE’s testimony.

15 **CONCLUSION**

16 For the reasons set forth above, this matter is AFFIRMED.

17 DATED this 29th day of August, 2017.

18 

19 Mary Alice Theiler
20 United States Magistrate Judge