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5 UNITED STATES DISTRICT COURT
6 WESTERN DISTRICT OF WASHINGTON
7 AT TACOMA

8 R.M.,

9 Plaintiff,

10 v.

11 State of Washington, et al.,

12 Defendants.

Case No. 3:18-cv-05387-BHS-TLF

ORDER ON PARTIES' STATUS
REPORTS

13 This matter comes before the Court on the parties' submission of status reports
14 (Dkts. 150, 151, 152) in response to the Court's order requiring a joint status report
15 (Dkt. 146).

16 Plaintiff initiated this matter at a time when he was represented by counsel, on
17 May 15, 2018, alleging claims under 42 U.S.C. §1983 for deliberate indifference to his
18 serious medical needs and under state law for medical negligence. Dkt. 1. Plaintiff has
19 been represented by counsel throughout the majority of the pendency of this case, until
20 his counsel was permitted to withdraw on July 22, 2021. Dkt. 134.

21 Before the withdrawal of counsel, the parties had presented several stipulated
22 requests for continuances to the Court, which represented that they had been diligently
23 pursuing discovery, but had been unable to complete limited remaining deposition
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1 discovery due to the complications posed by the Covid-19 pandemic. Dkts. 119, 120,
2 121.

3 In connection with the withdrawal motion, defendants requested an additional
4 extension of the discovery deadline in order to take two depositions. Dkt. 119 at 1.
5 Plaintiff objected to any extension. Dkt. 117 at 2. The Court concluded that an extension
6 was appropriate and set a new discovery cutoff of October 22, 2021. Dkt. 134.

7 After the withdrawal of plaintiff's counsel, plaintiff sought an extension of the
8 existing case schedule. Dkt. 136. Because plaintiff had not yet received his case file and
9 discovery materials from his prior counsel, the Court declined at that time to set new
10 case deadlines or to address discovery issues raised by the parties. Instead, the Court
11 gave plaintiff 90 days in which to review his case materials and ordered the parties to
12 meet and confer and to submit a joint status report containing a proposed discovery
13 plan addressing the specific additional discovery sought, why it is not cumulative, and
14 how expenses the party is required to bear would be funded. Dkt. 146 at 5.

15 A. Failure to Meet and Confer

16 Although ordered to do so, the parties were unable to meet and confer. While
17 scheduling difficulties affected their progress, the parties' reports indicate that plaintiff
18 declined one scheduled meeting because he "had other plans" and declined to
19 participate in a second due to the requirements imposed as a result of an ongoing
20 quarantine, including the need to utilize Personal Protective Equipment. Dkt. 152 at 2-3;
21 Dkt. 150 at 3-4. While the COVID-19 pandemic has imposed unforeseen challenges
22 upon all parties, the Court expects the parties to maintain a cooperative approach,
23 including exercising flexibility where possible, to meet Court requirements. Going
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1 forward, failure to comply with meet and confer requirements may result in striking a
2 motion, or opposition to a motion, filed by a party who has refused to meet and confer.

3 B. Discovery

4 The parties were unable to agree to a joint discovery plan. The Court separately
5 addresses the discovery issues raised by defendants and by plaintiff.

6 The Court notes that at the time plaintiff's counsel withdrew, all parties agreed
7 that discovery was substantially completed, with only a limited number of depositions
8 remaining. The Court proceeds with the expectation that any further discovery will be
9 limited in scope and will not be cumulative of discovery already requested or provided.

10 As the Court has previously stated, the Court will not permit a full reopening of
11 discovery. See Dkt. 146 at 4.

12 1. Defendants' Requested Discovery

13 Defendants seek only the depositions of plaintiff and plaintiff's expert, Dr. Walsh
14 (to the extent Dr. Walsh remains plaintiff's expert). Dkt. 152 at 4. Defendants report that
15 the prison in which plaintiff is confined will now permit remote depositions. *Id.*

16 Defendants request that plaintiff confirm that Dr. Walsh will continue as plaintiff's expert
17 before they take steps to schedule his deposition. *Id.*

18 The Court finds that the limited discovery proposed by defendants is reasonable,
19 is not cumulative, and had previously been agreed to by the parties. Plaintiff is directed
20 to cooperate with defendants in scheduling his remote deposition. Plaintiff may not
21 condition the scheduling of his deposition upon the receipt of any other discovery in this
22 case. See Fed. R. Civ. P. 26(d)(3)(B). Plaintiff shall also provide a statement to
23 defendants, within 30 days of this Order, indicating whether he will be proceeding with
24 Dr. Walsh as his expert witness; if so, plaintiff shall cooperate in scheduling the
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1 deposition of Dr. Walsh—which may also be conducted remotely. Failure to comply with
2 the Court’s Order may result in sanctions.

3 2. Plaintiff’s Requested Discovery

4 Plaintiff identifies additional information he believes he has requested but not
5 received (Dkt. 150 at 4–6). Yet it is not clear from plaintiff’s discussion whether any of
6 the information was the subject of a previous discovery request. In *pro se* prisoner
7 cases, there is no initial disclosure obligation; thus, no party is required to provide
8 discovery unless it is specifically requested under the discovery rules. Fed. R. Civ. P.
9 26(a)(1)(B)(iv).

10 Furthermore, if information has been requested and a party is dissatisfied with
11 the response, the parties must meet and confer regarding any purported insufficiency in
12 the response, in accordance with Fed. R. Civ. P. 34(a)(1) and Local Rules, Western
13 District of Washington (“LCR”) 37(a)(1). If the parties cannot resolve their differences,
14 the requesting party may then bring a motion to compel pursuant to Fed. R. Civ. P. 37
15 but must include with the motion a certification that the parties have met and conferred
16 in accordance with LCR 37(a)(1). Plaintiff does not indicate whether he or his counsel
17 have previously served discovery requests seeking the information he now identifies,
18 whether the parties have met and conferred over any alleged failure to provide
19 requested information, or whether the requested information is cumulative of discovery
20 already provided.¹

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22 ¹ Plaintiff states that, notwithstanding the 90 days provided by the Court to review his files, he has only
23 “scanned” the materials provided by his former counsel. Dkt. 150 at 5. The Court reiterates that it will not
24 permit any discovery that is cumulative and the additional discovery permitted herein is conditioned upon
25 its not having been previously requested or provided.

1 Plaintiff identifies the following areas of discovery he seeks: (a) records related to
2 an alleged November 8, 2017 denial of treatment options recommended by Dr. Byron
3 Russell; (b) identity and credentials of a Care Review Committee (“CRC”) member
4 present at an August 6, 2014 CRC meeting who has Urology experience at Harborview;
5 and (c) plaintiff’s medical records and communications with treating provider Dr. Aurich.
6 Dkt. 150 at 4–6. If these materials have not been previously requested by or produced
7 to plaintiff, he may serve defendants with written discovery requests seeking this
8 information pursuant to and in compliance with Fed. R. Civ. P. 33², 34 or 36.³

9 If plaintiff contends that this information has been sought in prior written
10 discovery requests but defendants have failed to provide it (or if he makes requests and
11 is not satisfied with defendants’ responses), he must meet and confer with defendants
12 regarding any purported insufficiency in their response, in accordance with Fed. R. Civ.
13 P. 34(a)(1) and “LCR” 37(a)(1). If the parties cannot resolve their differences, plaintiff
14 may then bring a motion to compel pursuant to Fed. R. Civ. P. 37 and LCR 37(a)(1) and
15 the Court’s Pretrial Scheduling Order.

16 Plaintiff does not seek to take any depositions (Dkt. 150 at 6) but requests a
17 court-ordered medical examination by a urologist (*Id.* at 6–7). The Court construes this
18 as a request for an independent medical examination (“IME”) pursuant to Fed. R. Civ. P.
19 35.

22 ² If prior written discovery requests have exceeded the 25 written interrogatories permitted by Fed. R. Civ.
23 P. 33, plaintiff must first obtain leave of court before propounding additional interrogatories

24 ³ Plaintiff is reminded that such requests are to be served directly upon defendants’ counsel and are not
25 to be filed with the Court. Fed. R. Civ. P. 5(d)(1)(a).

1 Rule 35 provides that a court may order a party whose mental or physical
2 condition is in controversy to submit to a physical or mental examination by a suitably
3 licensed or certified examiner. Fed. R. Civ. P. 35(a). The moving party must show (1)
4 that the mental or physical condition of the party to be examined is “in controversy” and
5 (2) “good cause” for the request. *Id.*

6 But Rule 35 applies to a party who seeks to compel an opposing party to
7 undergo an examination, not to a party who desires to obtain his own examination. A
8 Rule 35 IME is not appropriate where a party seeks to use it to obtain evidence to
9 support his own claims. *See, e.g. Brown v. United States*, 74 F. App'x 611, 614 (7th Cir.
10 2003) (Rule 35 “does not vest the court with authority to appoint an expert to examine a
11 party wishing an examination of himself”); *Baker v. Hatch*, No. CIV S-07-2204 FCD EF,
12 2010 WL 3212859, at *3 (E.D. Cal. Aug. 12, 2010) (“Rule 35 does not give the court
13 authority to appoint an expert to examine a party on his own motion”); *Savajian v.*
14 *Milyard*, Civil Action No. 09-CV-00354-CMA-BNB, 2009 WL 5126581, at *1 (D. Colo.
15 Dec. 17, 2009) (“[A]lthough the plaintiff states that he is seeking an independent
16 medical examination pursuant to Fed. R. Civ. P. 35(a), he is actually seeking a cost-free
17 medical examination which he hopes will support his claims . . . Rule 35 was not
18 designed for this purpose.”), *aff'd in pertinent part*, Civil Action No. 09-CV-00354-CMA-
19 BNB, 2010 WL 728219 (D. Colo. Feb. 25, 2010). *See also McKenzie v. Nelson*
20 *Coleman Corr. Ctr.*, Civil Action No. 11-0268, 2012 WL 3779129, at *2-3 (E.D. La. Aug.
21 31, 2012) (collecting cases denying requests by indigent prisoner plaintiffs seeking their
22 own mental and physical examinations under Rule 35).

23 C. Conclusion

24 The Court ORDERS as follows:

- 1 1. Plaintiff shall cooperate with defendants to schedule his deposition, which may
2 be taken remotely.
- 3 2. Within 30 days of this Order, plaintiff shall inform defendants whether Dr. Walsh
4 remains his expert witness; if so, plaintiff shall cooperate in scheduling the
5 deposition of Dr. Walsh—which may also be conducted remotely.
- 6 3. To the extent not previously requested or provided, plaintiff may serve written
7 discovery requests complying with Fed. R. Civ. P. 33, 34 or 36 seeking the
8 following information:
 - 9 a. records related to the CRC's November 8, 2017 denial of treatment
10 options recommended by Dr. Byron Russell;
 - 11 b. identity and credentials of a Care Review Committee ("CRC") member
12 present at an August 6, 2014 CRC meeting who has Urology experience
13 at Harborview; and
 - 14 c. plaintiff's medical records and communications with treating provider Dr.
15 Aurich.
- 16 4. If plaintiff contends the foregoing information was properly requested but not
17 produced—or if he makes new requests and is dissatisfied with defendants'
18 responses—plaintiff shall comply with the requirements of Fed. R. Civ. P.
19 34(a)(1), LCR 37(a)(1) and the Court's Pretrial Scheduling Order before bringing
20 any motion to compel.
- 21 5. In order to provide adequate time to complete the limited discovery permitted by
22 this Order, the Court extends the discovery cutoff and case deadlines as
23 provided in the accompanying Scheduling Order. Absent extraordinary
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1 circumstances, the Court does not contemplate any further extensions of the
2 case deadlines.

3 Dated this 23rd day of February, 2022.

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7 Theresa L. Fricke
8 United States Magistrate Judge
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