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4 UNITED STATES DISTRICT COURT  
WESTERN DISTRICT OF WASHINGTON  
5 AT TACOMA

6 TONY M.,

7 Plaintiff,

8 v.

9 COMMISSIONER OF SOCIAL SECURITY,

10 Defendant.

Case No. 3:19-cv-06140-TLF

ORDER AFFIRMING DECISION

11 Plaintiff has brought this matter for judicial review of defendant's denial of his  
12 application for disability insurance benefits.

13 Plaintiff filed his application for Title II SSDI benefits on June 23, 2016, asserting  
14 a disability onset date of May 17, 2016. AR 232-233. The ALJ determined that plaintiff  
15 was not disabled, after holding a hearing on June 1, 2018 and October 2, 2018. AR 13-  
16 30, 31-50, 51-91. Plaintiff seeks review of the ALJ's decision dated December 5, 2018.

17 The parties have consented to have this matter heard by the undersigned  
18 Magistrate Judge. 28 U.S.C. § 636(c); Federal Rule of Civil Procedure 73; Local Rule  
19 MJR 13.

20 I. ISSUES FOR REVIEW

- 21 1. Did the ALJ properly determine plaintiff to be capable of light work in the  
22 assessment of residual functional capacity (RFC)?  
23 2. Did the ALJ err at step three by failing to consult a medical expert on plaintiff's  
24 cardiological impairments?  
25 3. Did the ALJ properly assess the lay witness testimony of plaintiff's wife,  
mother, friend, and former co-workers?  
4. Did the ALJ improperly rely on the vocational expert's testimony?

ORDER

1  
2 II. BACKGROUND

3 On June 23, 2016, plaintiff filed for Title II (SSDI) disability, alleging an onset date  
4 of May 17, 2016. AR 232-233. The claim was denied initially and upon reconsideration.  
5 AR 117-19, 128-30. Administrative Law Judge (“ALJ”) Rebecca L. Jones held hearings  
6 on June 1, 2018 and October 2, 2018. The ALJ issued an unfavorable decision on  
7 December 5, 2018. AR 13-30. The Social Security Appeals Council denied plaintiff’s  
8 request for review on September 27, 2019. AR 1-3.

9 Plaintiff seeks judicial review of the ALJ’s December 5, 2018 decision. Dkt. 15.

10 III. STANDARD OF REVIEW

11 The Commissioner uses a five-step sequential evaluation process to determine if  
12 a claimant is disabled. 20 C.F.R. § 416.920. The ALJ assesses the claimant’s RFC to  
13 determine, at step four, whether the plaintiff can perform past relevant work, and if  
14 necessary, at step five to determine whether the plaintiff can adjust to other work.  
15 *Kennedy v. Colvin*, 738 F.3d 1172, 1175 (9th Cir. 2013). The ALJ has the burden of  
16 proof at step five to show that a significant number of jobs that the claimant can perform  
17 exist in the national economy. *Tackett v. Apfel*, 180 F.3d 1094, 1099 (9th Cir. 1999); 20  
18 C.F.R. § 416.920(e).

19 The Court will uphold an ALJ’s decision unless: (1) the decision is based on legal  
20 error, or (2) the decision is not supported by substantial evidence. *Revels v. Berryhill*,  
21 874 F.3d 648, 654 (9th Cir. 2017). Substantial evidence is “such relevant evidence as a  
22 reasonable mind might accept as adequate to support a conclusion.” *Biestek v.*  
23 *Berryhill*, 139 S. Ct. 1148, 1154 (2019) (quoting *Consolidated Edison Co. v. NLRB*, 305  
24 U.S. 197, 229 (1938)). This requires “more than a mere scintilla,” of evidence. *Id.*

1 The Court must consider the administrative record as a whole. *Garrison v.*  
2 *Colvin*, 759 F.3d 995, 1009 (9th Cir. 2014). It must weigh both the evidence that  
3 supports, and evidence that does not support, the ALJ's conclusion. *Id.* The Court  
4 considers in its review only the reasons the ALJ identified and may not affirm for a  
5 different reason. *Id.* at 1010. Furthermore, "[l]ong-standing principles of administrative  
6 law require us to review the ALJ's decision based on the reasoning and actual findings  
7 offered by the ALJ—not post hoc rationalizations that attempt to intuit what the  
8 adjudicator may have been thinking." *Bray v. Comm'r of SSA*, 554 F.3d 1219, 1225-26  
9 (9th Cir. 2009) (citations omitted).

10 If the ALJ's decision is based on a rational interpretation of conflicting evidence,  
11 the Court will uphold the ALJ's finding. *Carmickle v. Comm'r of Soc. Sec. Admin.*, 533  
12 F.3d 1155, 1165 (9th Cir. 2008). It is unnecessary for the ALJ to "discuss *all* evidence  
13 presented". *Vincent on Behalf of Vincent v. Heckler*, 739 F.2d 1393, 1394-95 (9th Cir.  
14 1984) (citation omitted) (emphasis in original). The ALJ must only explain why  
15 "significant probative evidence has been rejected." *Id.*

#### 16 IV. DISCUSSION

17 In this case, the ALJ found that Plaintiff had the severe, medically determinable  
18 impairments of congestive heart failure (CHF), cardiomegaly status post angioplasty  
19 and stenting of RCA, pulmonary hypertension, obesity, and essential hypertension. AR  
20 18.

21 Based on the limitations stemming from Plaintiff's impairments, the ALJ found  
22 that Plaintiff could perform a reduced range of light work. AR 19. Relying on vocational  
23 expert ("VE") testimony, the ALJ found that Plaintiff could not perform her past work, but  
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1 could perform other light, unskilled jobs; therefore the ALJ determined at step five of the  
2 sequential evaluation that Plaintiff was not disabled. AR 23-24, 81-90.

3       A.     *Whether the ALJ erred in finding that plaintiff was capable of light work,*  
4               *rather than sedentary.*

5       Plaintiff argues that the ALJ should have limited the RFC to the sedentary  
6 exertional level, because the ALJ limited plaintiff to standing and walking for 2 hours of  
7 an 8-hour workday. Dkt. 14, at 5-6.

8       Residual functional capacity is the most a claimant can do despite existing  
9 limitations. See 20 C.F.R. §§ 404.1545(a), 416.945(a); see also 20 C.F.R. § 404,  
10 Subpart P, App. 2 § 200.00(c). The ALJ is responsible for determining a plaintiff's RFC.  
11 20 C.F.R. § 404.1546(c).

12       The ALJ determined that plaintiff's RFC was at the light exertional level, but with  
13 additional limitations:

14       [Plaintiff] has the residual functional capacity to perform light work, as  
15 defined in 20 C.F.R. 404.1567(b), including the ability to stand and/or walk  
16 two hours of an eight-hour workday. He is able to occasionally climb  
17 ladders, ropes, and scaffolds and can occasionally climb ramps and stairs,  
stoop, kneel, crouch, and crawl. He is able to perform work that allows him  
to avoid exposure to extreme cold, extreme heat, fumes, odors, dusts,  
gases, and hazards.

18       AR 19. The Administration has issued a ruling elaborating on the light exertional level:

19       The regulations define light work as lifting no more than 20 pounds at a  
20 time with frequent lifting or carrying of objects weighing up to 10 pounds.  
Even though the weight lifted in a particular light job may be very little, a  
21 job is in this category when it requires a good deal of walking or standing -  
- the primary difference between sedentary and most light jobs. A job is  
22 also in this category when it involves sitting most of the time but with some  
pushing and pulling of arm-hand or leg-foot controls, which require greater  
23 exertion than in sedentary work; e.g., mattress sewing machine operator,  
motor-grader operator, and road-roller operator (skilled and semiskilled  
24 jobs in these particular instances). Relatively few unskilled light jobs are  
performed in a seated position.

1 SSR 83-10, 1983 SSR LEXIS 30, \*12-14. While these positions may be uncommon, a  
2 job may be classified as light even if it does not require a good deal of standing and  
3 walking, if it involves sitting while using hand or foot controls, or it requires lifting up to  
4 20 pounds maximum or 10 pounds frequently. 20 C.F.R. § 404.1567(b).

5 Plaintiff objects to the designation of light work based on the perceived conflict  
6 between the requirement of “a good deal of walking or standing” and plaintiff’s  
7 limitation of standing and walking no more than two hours in a day. Dkt. 14, at 5-6.  
8 Plaintiff argues that a two-hour limitation is only consistent with sedentary work  
9 capability. Plaintiff does not assert that he is unable to meet the lifting requirements of  
10 light work, or that he is unable to perform a seated job involving pushing and pulling  
11 hand and foot controls. *Id.* Plaintiff alleges that the RFC does not properly incorporate  
12 the opinion of Dr. Platter, a State agency medical consultant who opined that plaintiff  
13 could only stand or walk for two hours out of eight. Dkt. 14, at 6, citing AR 110.

14 Yet the ALJ gave Dr. Platter’s assessment “great weight” and directly  
15 incorporated the stand/walk limitation into the RFC. AR 19, 22. Nothing in the RFC  
16 indicates that the two-hour limitation is anything but an additional restriction on  
17 plaintiff’s ability to do light work, consistent with plaintiff’s lower assessment of the  
18 ability to stand and walk. See AR 84 (in a hypothetical to the vocational expert, the ALJ  
19 described the two-hour stand/walk limitation as an “additional limitation” on RFC to  
20 perform work at the light exertional level).

21 The ALJ assessed plaintiff’s RFC to be between the light and sedentary  
22 exertional levels – he is capable of standing and walking at a sedentary exertional  
23 level, and capable of lifting and carrying at the light exertional level. AR 19; see 20  
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1 C.F.R. § 404, Subpart P, App. 2. This assessment was supported by substantial  
2 evidence unchallenged by plaintiff; therefore, the ALJ did not err.

3 *B. Whether the ALJ improperly relied on vocational expert testimony*

4 Pursuant to SSR 83-12, “[i]f the exertional level falls between two rules which  
5 direct opposite conclusions, i.e. “Not disabled” at the higher exertional level and  
6 “Disabled” at the lower exertional level... and the individual's exertional limitations are  
7 somewhere ‘in the middle’” the ALJ is advised to consult a vocational expert for  
8 assistance. SSR 83-12; 1983 LEXIS 32 \*6-7; *see also Moore v. Apfel*, 216 F.3d 864,  
9 869 (9th Cir. 2000) (where the plaintiff's exertional level falls between two of the grid  
10 rules, the ALJ should consult a vocational expert as to whether there are any jobs a  
11 disability claimant can do despite his or her limitations).

12 At the hearing, the ALJ consulted a vocational expert who opined that there  
13 were jobs available that accommodated plaintiff's RFC. AR. 84-86. The vocational  
14 expert identified three positions involving light work performed predominantly seated,  
15 with a total of two hours walking and standing per day. AR. 84 (electrical accessories  
16 assembler, performed at a bench on a stool); AR 85 (agricultural sorter, with numbers  
17 reduced to include only seated positions); AR 86 (office helper); *see* SSR 83-10, 1983  
18 SSR LEXIS 30, \*12-14. On inquiry from the ALJ, the vocational expert testified that her  
19 testimony was not in conflict with the DOT. AR. 89-90. The vocational expert also  
20 testified that her opinion was in part based on her professional experience. AR 84-86.

21 Plaintiff first argues that the ALJ erred to have relied on the testimony of the VE,  
22 because the hypothetical presented to the VE should have limited plaintiff to sedentary,  
23 not light work. Dkt. 14, at 7. As discussed above, plaintiff has not shown limitations to  
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1 be missing from plaintiff's RFC. The ALJ accurately conveyed to the VE in the  
2 hypothetical that plaintiff was capable of the requirements of light work, with the  
3 additional limitation of standing and walking two hours in a day. AR 84-86. Accordingly,  
4 there was no error to have included plaintiff's capability to do "light work" in the  
5 hypothetical presented to the VE. *See Embrey v. Bowen*, 849 F.2d 418, 422 (9th Cir.  
6 1988) ("Hypothetical questions posed to the vocational expert must set out all the  
7 limitations and restrictions of a particular claimant. . . .").

8 Plaintiff also argues that the VE unduly relied on her own experience when she  
9 testified that the three specified jobs at the light exertional level could be performed  
10 with a two-hour standing and walking limitation. Dkt. 14, at 7. Plaintiff claims that the  
11 VE's experience cannot provide substantial evidence on jobs in the national economy,  
12 since the VE testified to being most familiar with jobs in the state of Washington. *Id.*  
13 The VE testified that "in [her] professional training and experience," the job of electrical  
14 accessories assembler was performed seated at a bench, while requiring lifting and  
15 carrying at the light level. AR 85. With the same reasoning, the VE also testified that 80  
16 percent of agricultural sorter positions at the light exertional level were performed  
17 seated at a table, and that in office helper positions, although the time spent seated or  
18 upright would vary, "the majority of the job is performed while the individual is sitting."  
19 AR 85-86.

20 The ALJ is entitled to rely on testimony derived from a vocational expert's  
21 experience. *Bayliss v. Barnhart*, 427 F.3d 1211, 1218 (9th Cir. 2005) ("A [vocational  
22 expert's] recognized expertise provides the necessary foundation for his or her  
23 testimony. Thus, no additional foundation is required."); *Lamear v. Berryhill*, 865 F.3d  
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1 1201, 1205 (9th Cir. 2017) (the opinion of the VE is presumed to comport with the  
2 DOT). Where the VE's testimony may depart from the information listed in the  
3 Dictionary of Occupational Titles (DOT), the ALJ must ask the VE resolve any apparent  
4 conflicts between the VE testimony and the DOT before relying on the opinion of the  
5 VE. SSR 00-4p, 2000 SSR LEXIS 8 at \*2; *Gutierrez v. Colvin*, 844 F.3d 804, 807 (9th  
6 Cir. 2016); *Massachi v. Astrue*, 486 F.3d 1149, 1152 (9th Cir. 2007) (an ALJ may not  
7 "rely on a vocational expert's testimony regarding the requirements of a particular job  
8 without first inquiring whether or not the testimony conflicts with the [DOT]").

9 Here, when plaintiff challenged the VE's experience at the hearing, the ALJ  
10 explicitly asked the VE whether her testimony was consistent with the DOT. AR 89-90  
11 ("[H]as your testimony today been consistent with the Dictionary of Occupational  
12 Titles?"). The VE answered in the affirmative. AR 90. Accordingly, the ALJ properly  
13 relied on the vocational expert testimony.

14 *C. Whether the ALJ failed to consult an expert in cardiology regarding*  
15 *plaintiff's listing level condition*

16 Plaintiff contends the ALJ erred at step three of the sequential evaluation  
17 process, by failing to consult a medical expert in cardiology when determining whether  
18 plaintiff's impairments were medically equivalent to a cardiological listing. Dkt. 14, at 8-  
19 9; see AR 19; 20 C.F.R. Part 404, Subpart P, Appendix 1, § 12.05B (version effective  
20 January 17, 2017).

21 At step three, the ALJ must evaluate the claimant's impairments to decide  
22 whether they meet or medically equal any of the impairments listed in 20 C.F.R. § 404,  
23 Subpart P, App. 1. 20 C.F.R § 404.1520(d); *Tackett v. Apfel*, 180 F.3d 1094, 1098 (9th  
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1 Cir. 1999). If they do, the claimant is deemed disabled. 20 C.F.R § 404.1520(d). The  
2 burden of proof is on the claimant to establish he or she meets or equals any of the  
3 impairments in the listings. *Tackett*, 180 F.3d at 1098. “A generalized assertion of  
4 functional problems is not enough to establish disability at step three.” *Id.* at 1100 (citing  
5 20 C.F.R. § 404.1526). An ALJ “must evaluate the relevant evidence before concluding  
6 that a claimant’s impairments do not meet or equal a listed impairment.” *Lewis v. Apfel*,  
7 236 F.3d 503, 512 (9th Cir. 2001).

8 To meet a listing, a claimant “must have a medically determinable impairment(s)  
9 that satisfies all of the criteria in the listing.” 20 C.F.R. § 404.1525(d). This Court will  
10 uphold an ALJ’s finding that a plaintiff does not meet listing criteria if substantial  
11 evidence supports that finding. *See Warre v. Comm’r of Soc. Sec. Admin.*, 439 F.3d  
12 1001, 1006 (9th Cir. 2006). “For a claimant to qualify for benefits by showing that his  
13 unlisted impairment, or combination of impairments, is “equivalent” to a listed  
14 impairment, he must present medical findings equal in severity to *all* he criteria for the  
15 one most similar listed impairment.” *Sullivan v. Zebley*, 493 U.S. 521, 531 (1980)  
16 (emphasis in original)(citing 20 CFR § 416.926(a)).

17 The ALJ assessed whether plaintiff met listings 3.09 (chronic pulmonary  
18 hypertension) and 4.02 (chronic heart failure). AR 18-19. On plaintiff’s heart conditions,  
19 he found that there was no evidence in the record to demonstrate required criteria for  
20 listing 4.02. AR 19. Plaintiff argues that an ALJ lacks the requisite medical expertise to  
21 assess whether plaintiff’s diagnoses (e.g., cardiomegaly, congestive heart failure, a  
22 patient assessment at WHO class III with pulmonary hypertension, cardiomyopathy)  
23 met or were medically equivalent to a listing. Plaintiff asserts that the ALJ should have  
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1 consulted a medical expert to assess the combinations of plaintiff's cardiological  
2 conditions, including the fact that at one point he had been assessed for an ejection  
3 fraction of 30 percent. Dkt. 14, at 8, citing AR 391.

4 Listing 4.02, chronic heart failure, requires the claimant to demonstrate a  
5 medically documented history of non-acute systolic or diastolic heart failure, resulting in  
6 persistent symptoms of heart failure, three or more separate episodes of acute  
7 congestive heart failure within a consecutive 12-month period or an inability to perform  
8 on an exercise tolerance test. 20 C.F.R. § 404, Subpart P, App. 1, Listing 4.02. Under  
9 the listing, a history of systolic heart failure must include documentation of "left  
10 ventricular end diastolic dimensions greater than 6.0 cm or ejection fraction of 30  
11 percent or less during a period of stability (not during an episode of acute heart failure)."  
12 *Id.* Diastolic heart failure must be shown by evidence of "left ventricular posterior wall  
13 added to septal thickness totaling 2.5 cm or greater with left atrium enlarged to 4.5 cm  
14 or greater." *Id.*

15 Plaintiff does not specify which of the two medical listings he asserts to meet,  
16 although the Court may infer that listing 4.02 (chronic heart failure) is most relevant to  
17 plaintiff's allegation concerning the ALJ's failure to consult and expand the record with  
18 information provided by an expert in cardiology. Neither does plaintiff explicitly argue  
19 how the combination of his cardiological ailments would medically equivalent to a listing.  
20 This is insufficient to meet plaintiff's burden to establish an error at step three. *See*  
21 *Tackett v. Apfel*, 180 F.3d 1094, 1099 (9th Cir. 1999) ("To meet a listed impairment, a  
22 claimant must establish that he or she meets each characteristic of a listed impairment  
23 relevant to his or her claim. To equal a listed impairment, a claimant must establish  
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1 symptoms, signs and laboratory findings at least equal in severity and duration to the  
2 characteristics of a relevant listed impairment[.]”); *Lewis v. Apfel*, 236 F.3d 503, 514 (9th  
3 Cir. 2001) (a claimant fails to meet her “burden when she offers no theory, plausible or  
4 otherwise, as to how her impairments combine to equal a listed impairment”).

5 Furthermore, plaintiff provides no authority for his argument that an ALJ lacks the  
6 expertise to assess medical equivalence without consulting an expert. Taken at face  
7 value, plaintiff’s argument would establish that no ALJ could complete a step three  
8 evaluation of cardiological complaints without consulting an additional medical expert.  
9 This is not a reasonable interpretation of the law. *See generally, Karabadjakyan v.*  
10 *Berryhill*, 713 Fed. Appx. 553 (9<sup>th</sup> Cir. 2017) (physicians’ assessments of plaintiff’s heart  
11 condition did not translate into the restrictive limitations advocated by plaintiff; ALJ  
12 properly determined “light work” was appropriate and the RFC was supported by  
13 substantial evidence).

14 “An ALJ’s duty to develop the record further is triggered only when there is  
15 ambiguous evidence or when the record is inadequate to allow for proper evaluation of  
16 the evidence.” *Mayes v. Massanari*, 276 F.3d 453, 459-460 (9th Cir. 2001) (citing  
17 *Tonapetyan*, 242 F.3d at 1150); see also 20 C.F.R. §404.1519a(b). Yet plaintiff has not  
18 alleged that the evidence is ambiguous or inadequate, but rather that “[a]n ALJ is not  
19 qualified to render an opinion on whether [plaintiff] meets or equals a listing and . . . is  
20 not medically trained to determine the functional impact of [plaintiff’s] cardiology  
21 condition.” Dkt. 14, at 8.

22 Here, a State agency medical consultant reviewed plaintiff’s medical records in  
23 November 2016 and again on reconsideration in January 2017. AR 93-102; AR 104-  
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1 114. The consultants considered whether plaintiff's cardiac symptoms met the listing for  
2 4.02 chronic heart failure and determined that plaintiff did not meet or equal the listing.  
3 AR 95, 102; AR 111-12. Additional records were submitted that included plaintiff's  
4 treatment records up to May 24, 2018. AR 684-776.

5 The ALJ considered these records and adopted the consultant's opinions that  
6 plaintiff's symptoms were most intense during an episode of acute heart failure in March  
7 2016, and that as plaintiff complied with medical treatment, his condition had improved  
8 to and been maintained at below listing severity. AR 22-23 (citing, e.g., AR 434, 722).  
9 The ALJ cited to continued improvement with treatment after 2017 and in 2018,  
10 consistent with the assessment of the state agency medical consultants. AR 22 (citing  
11 519, 535, 671, 675). Therefore, the ALJ provided sufficient evidence to show that new  
12 evidence had not changed the consultants' finding that a listing was not equaled, and  
13 the ALJ properly exercised her discretion in determining not to seek medical expert  
14 advice. See SSR 96-6p, 1996 SSR LEXIS 3 at \*9-10.

15 *D. Whether the ALJ properly assessed the lay testimony by plaintiff's friends*  
16 *and family*

17 Lay testimony regarding a claimant's symptoms "is competent evidence that an  
18 ALJ must take into account," unless the ALJ "expressly determines to disregard such  
19 testimony and gives reasons germane to each witness for doing so." *Lewis v. Apfel*, 236  
20 F.3d 503, 511 (9<sup>th</sup> Cir. 2001). In rejecting lay testimony, the ALJ need not cite the  
21 specific record as long as "arguably germane reasons" for dismissing the testimony are  
22 noted, even though the ALJ does "not clearly link his determination to those reasons,"  
23 and substantial evidence supports the ALJ's decision. *Id.* at 512. The ALJ also may  
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1 “draw inferences logically flowing from the evidence.” *Sample v. Schweiker*, 694 F.2d  
2 639, 642 (9<sup>th</sup> Cir. 1982).

3 “[I]f the ALJ gives germane reasons for rejecting testimony by one witness, the  
4 ALJ need only point to those reasons when rejecting similar testimony by a different  
5 witness.” *Molina v. Astrue*, 674 F.3d 1104, 1114 (9th Cir. 2012); *see also Valentine v.*  
6 *Comm’r of Soc. Sec. Admin.*, 574 F.3d 685, 694, (9th Cir. 2009) (holding that because  
7 “the ALJ provided clear and convincing reasons for rejecting [the claimant’s] own  
8 subjective complaints, and because [the lay witness’s] testimony was similar to such  
9 complaints, it follows that the ALJ also gave germane reasons for rejecting [the lay  
10 witness’s] testimony”).

11 Here, the ALJ rejected lay testimony from plaintiff’s family and friends because  
12 (1) the lay witnesses were not medically qualified to make observations about plaintiff’s  
13 symptoms and (2) the lay witnesses were interested parties. The ALJ also noted that  
14 the lay witnesses’ testimony, like plaintiff’s, was not consistent with the observations of  
15 medical doctors assessing that plaintiff’s cardiac and pulmonary functioning had  
16 improved.

17 These first two reasons are well established error. Lay witnesses such as friends  
18 and family are competent to testify on their observations of plaintiff’s symptoms and  
19 ability to complete daily activities, regardless of their level of medical education. *See* 20  
20 C.F.R. § 404.1513(d) (providing that lay witness testimony may be introduced “to show  
21 the severity of [the claimant’s] impairment(s) and how it affects [his] ability to work”); *see*  
22 *also, e.g., Smolen v. Chater*, 80 F.3d 1273, 1289 (9th Cir. 1996) (it is error to reject the  
23 testimony of family members because of lack of support from medical records); *Dodrill*

1 *v. Shalala*, 12 F.3d 915, 918-19 (9th Cir. 1993) ("[F]riends and family members in a  
2 position to observe a claimant's symptoms and daily activities are competent to testify  
3 as to h[is] condition."). It is also error to discount the testimony of friends and family  
4 based on their close relationship to the plaintiff, without evidence of actual bias. See  
5 *Valentine*, 574 F.3d at 694 ("Such a broad rationale for rejection contradicts our  
6 insistence that [friends and family are competent to testify] regardless of whether they  
7 are interested parties . . .") (citing *Dodrill*, 12 F.3d at 918-19).

8 Despite these errors, the ALJ's failure to properly assess the lay testimony is  
9 harmless to the final disability determination. AR 19. All the lay testimony mirrored  
10 plaintiff's claims of severe limitations in walking, standing, and lifting, and did not  
11 discuss other symptoms beyond those complained of by plaintiff. See AR 344, 347, -51,  
12 362, 365. The ALJ noted that the lay testimony could be discounted for the same  
13 reason the ALJ discredited plaintiff's testimony – that the subjective testimony did not  
14 comport with objective evidence that plaintiff's condition, while severe, had significantly  
15 improved while plaintiff complied with treatment. AR 19.

16 Improvement with treatment is a clear and convincing reason to discount  
17 symptom testimony. Impairments that can be effectively controlled by treatment are not  
18 considered disabling for purposes of Social Security benefits. See *Warre v. Comm'r of*  
19 *Soc. Sec. Admin.*, 439 F.3d 1001, 1006 (9th Cir. 2006); 20 C.F.R. §§ 404.1529(c)(3)(iv-  
20 v), 416.929(c)(3)(iv-v) (the ALJ may consider the effectiveness of treatment when  
21 assessing testimony). Plaintiff did not challenge the ALJ's assessment of his subjective  
22 symptom testimony in his brief to this Court, and only on his reply has plaintiff asserted  
23 that the medical record includes evidence that plaintiff's cardiac and pulmonary  
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1 condition progressed while plaintiff was compliant with treatment. Dkt. 16, at 4, citing AR  
2 725-36 (that plaintiff's cardiac function had deteriorated between medical assessments  
3 in September 2016 and January 2018).

4 Yet the ALJ considered this evidence along with plaintiff's medical history starting  
5 March 2016. AR 22. Among other reasons, the ALJ based his assessment of  
6 improvement on plaintiff's most acute experience of heart failure having occurred in  
7 March and April 2016, while plaintiff exhibited "extreme noncompliance with medical  
8 management." AR 20, 23 (citing AR 381 (in March 2016, plaintiff presented with  
9 cardiomegaly and left emergency care against medical advice), 435 (four days later,  
10 plaintiff presented with acute heart failure, left ventricular function at 30 percent, and left  
11 care against medical advice), 473 (in April 2016, plaintiff presented with hypertensive  
12 urgency and remained in hospital care until stable). The ALJ noted that after plaintiff  
13 began to comply with medical instruction, he had not such an experience of acute heart  
14 failure since (citing AR 519 (in June 2016, plaintiff reported feeling well and to have  
15 been compliant with prescribed medication), 675 (after stenting in August 2016,  
16 stenosis reduced from 80 percent to 0 percent by November 2016), 671 (after ceasing  
17 methamphetamine use per medical advice, plaintiff's left ventricular systolic function  
18 recovered to 64 percent in September 2016), 722 (in March 2018, plaintiff's symptoms  
19 had not worsened, e.g., left ventricular function estimated at 65-70 percent, despite  
20 mildly reduced right ventricular function)).


21 The ALJ noted that plaintiff's testimony that his cardiac functioning was only "a  
22 little better" was inconsistent with the medical evidence demonstrating significant  
23 objective improvement. AR 23. Accordingly, the ALJ provided a clear and convincing  
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1 reason supported by substantial evidence to discredit plaintiff's testimony, and therefore  
2 this reason must be germane to the lay witnesses whose testimony was discounted.  
3 *See Valentine v. Comm'r of Soc. Sec.*, 574 F.3d 685, 694, (9th Cir. 2009). Even if the  
4 ALJ had not erred in assessing the testimonial competency of plaintiff's friends and  
5 family, the ALJ would have come to the same determination. *See Stout v. Comm'r Soc.*  
6 *Sec. Admin.*, 454 F.3d 1050, 1055 (9th Cir. 2006). Accordingly, the error was harmless.

7  
8 CONCLUSION

9 Based on the foregoing discussion, the Court finds the ALJ properly determined  
10 plaintiff to be not disabled. Defendant's decision to deny benefits therefore is  
11 AFFIRMED.

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13 Dated this 31st day of March, 2021.

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17 Theresa L. Fricke  
18 United States Magistrate Judge  
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